



Player's Code of Conduct

I accept **responsibility** for my behavior on and off the field/court. As Christian athletes, we have the **responsibility** and privilege to represent Christ as we compete and practice. Understand that what I do and say affects my **teammates**, school, and other people either positively or negatively. We will not curse or use profanity, so that we will show self-control and have a good testimony to others.

I lead courageously and live with **integrity** by speaking up against injustice and on behalf of others even when it is hard or unpopular. As team members, we are in a supportive community within our larger school community. When our team rules are not upheld, teammates must challenge each other in a loving way and then make the coaches aware of the situation. When we have a conflict, we will work it out according to Matthew 18:15-17. We will go to our brother/sister alone first, then with another brother/sister, and then with a coach.

I will act with **respect** toward myself and the people and things around me including my parents, my coaches, my teammates, my teachers, my opponents, officials and the spectators.

I will **respect** my body, obey school rules, and obey the Law by: not smoking nor using tobacco, not drinking alcohol, not using illegal drugs, nor misusing drugs. As our school handbook states, this includes possession, purchasing, or using the items listed above. Consequences of breaking this rule will result in immediate removal from the team and loss of any team honors.

I do not put people in boxes according to their race, gender, religion, neighborhood, or abilities. I judge people by the content of their **character**. I will be a Christ-like, positive example in our school since we, as athletes, are leaders among our peers.

I act with **empathy**. I try to understand what is going on in the hearts and minds of others and what is causing those feelings so that I can be supportive and encouraging. I ask, "How can I help you?"

I give 100% **effort** to practices, games, and events. I will do our best at all times "as working for the Lord". I understand that effort demonstrates my **commitment** to the team and my respect for my coaches and teammates. I will notify our coach before we miss a practice or need to be late for a practice.

I display good **sportsmanship**. I acknowledge and applaud the efforts of others. I encourage my **teammates** with positive statements. I refrain from boasting to my teammates and 'trash-talking' to members of other teams. I accept defeat graciously by congratulating my opponents on a game well played.

I will abide by this Code of Conduct and the policies and rules of the school, team, and coaches.

Athlete & Parent (s) Signatures:

